

OPTIMAL COMMUNICATION

Duration: From 50 minutes to 1,5 hours



IT'S NOT WHAT YOU SAY – IT'S THE WAY YOU SAY IT!

We do it *anywhere* and with *anyone*. Communicate. We also know that body language and voice mean more than the words that are actually said. So why do we spend almost all our time and focus on the words? Imagine if you had 2 hours of Communication a week on the school schedule. So how many misunderstandings could you not have avoided ending up in?

Why book this lecture?

In a fun and entertaining way, you get the basic knowledge about optimal communication that most people would have liked to have had many years ago. Buckle up, let go of the prejudices and jump on – now there is communication!

Take home value:

The key topics in this presentation are:

- Access your natural authority and communicate clearly.
- You get tools for resolving conflicts through active dialogue.
- Get the recipe for dealing with the 4 typical difficult personality types.
- Learn to stay calm in tense situations so they do not drain you.

The lecture can be angled so that it is targeted at either the company's managers or the employees.